

The Mt. Sinai Times

THE MT. SINAI HEALTH CARE FOUNDATION

ANNUAL REPORT 2009

YEAR IN REVIEW

Dear Friends:

Annual reports are supposed to be about the year most recently completed, a record of the immediate past. Yet, as a health grantmaker, and along with all of health philanthropy, The Mt. Sinai Health Care Foundation has its eye on the current year and the implementation of health reform.

In the Breach

America has had an historic problem. Until now, it hasn't been able to figure out how to provide access to health care for all its citizens.

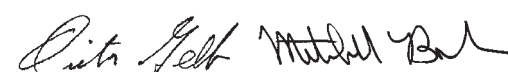
In the breach, there have been the "Mt. Sinais" of the world.

For years, Cleveland's Mt. Sinai Medical Center was perhaps the largest private provider of care to the poor and uninsured in the entire State of Ohio. It became so by geography and by mission. It sat in an area of great need. And the leadership of Mt. Sinai responded to that need with a combination of superior medicine and compassionate caring.

In the Tradition of Mt. Sinai

The Foundation has continued Mt. Sinai's time-honored role as a safety net for the poor and disenfranchised, particularly in its grantmaking in the areas of Health Policy and the Health of the Urban Community. Its approach has been to focus on health promotion and disease prevention to lower the risk factors that cause poor health and poor medical outcomes. Yet in response to the nearly unprecedented economic downturn, the Foundation in its 2009 grantmaking made a monumental decision: It would temporarily provide operating support to high-performing grantees that were providing access to health services for those who found themselves without insurance as well as those traditionally marginalized by society and ineligible for government-sponsored health programs. Three of these grantees, The Free Clinic of Greater Cleveland, MedWorks and the Jewish Community's health initiative for Holocaust survivors, are featured in this report as examples of how the Foundation's grantmaking has adapted, as the country waits for health reform, to meet documented community need.

None of us knows what health reform has in store for the millions of Americans who formerly relied on the "Mt. Sinais" of the world. While health philanthropy in no way can guarantee that health access is a right of all Americans, The Mt. Sinai Health Care Foundation continues to speak on behalf of those in need through its health policy initiatives and urban health grantmaking. In 2009, the Foundation was able to help provide health access to thousands of Clevelanders in need of care. Let's hope that in 2010 and beyond we won't have to...



Victor Gelb Mitchell Balk
Chair, Board of Directors President

WAITING FOR HEALTH REFORM

Mt. Sinai Responds

CLEVELAND – The Mt. Sinai Health Care Foundation has announced grants totaling \$6.8 million for Grant Year 2009. A substantial amount of grant dollars was awarded to organizations that provide access to health care services to vulnerable populations including children, the elderly and the poor. Support for such efforts perpetuates the charitable mission of the Foundation's predecessor, The Mt. Sinai Medical Center. For years, Mt. Sinai was perhaps the largest private provider of charitable care to the poor in the State of Ohio. (see *Mt. Sinai Responds, A2-A7*)

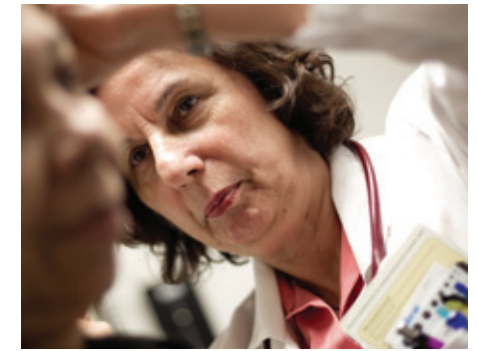


Mitchell Balk and Victor Gelb at The Free Clinic

PROGRAM NEWS

Mt. Sinai Backs Free Clinic Service Expansion

Expansion of clinic hours and service **Details A2**



Mt. Sinai Helps Launch MedWorks

Health care services to the uninsured and underinsured **Details A4**



Mt. Sinai Underwrites Program for Aging Holocaust Survivors

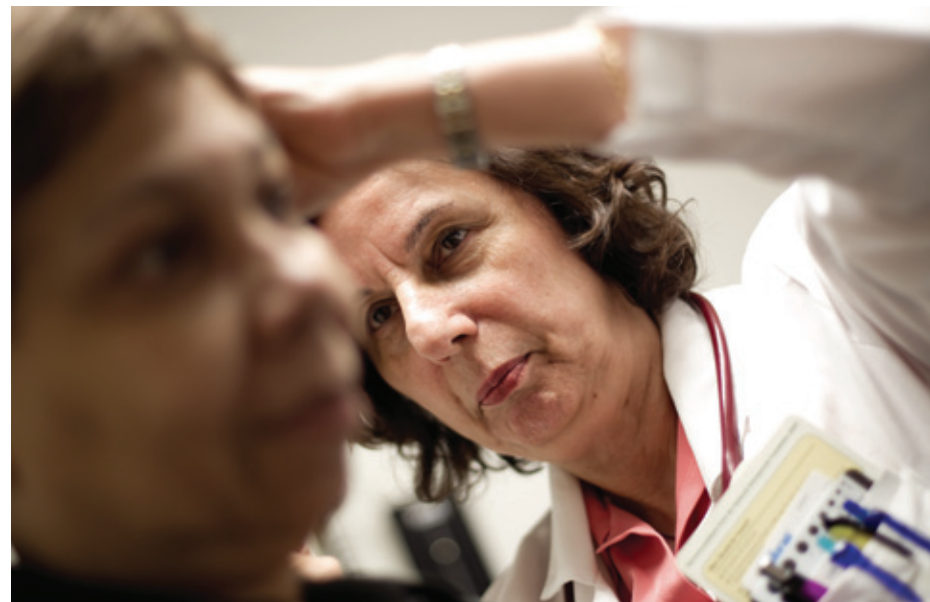
Medical advocacy for Holocaust survivors **Details A6**



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The Free Clinic



Forty years ago, a small group of concerned Clevelanders expanded an advice and counseling hotline for teens into The Free Medical Clinic of Greater Cleveland. It was 1970; political activism and rapid cultural changes were influencing the lives of many young people who needed a safe place to go on their own for medical and mental health services.

The Free Clinic 2009 at-a-glance:

- 16,207 medical services
- 15,547 lab services
- 2,662 unduplicated patients
- 16 academic program affiliations (residents, fellows and students in medicine and nursing)
- 3, 168 total dental visits
- 1,766 unduplicated dental patients
- 5 academic program affiliations (dental, dental hygiene, and dental assisting students)
- 4,073 mental health services
- 628 unduplicated patients (mental health)
- 491 unduplicated patients (substance abuse treatments)
- 150 new mental health patients
- 7 academic program affiliations (psych residents; BA, MA, and PhD students)
- 139,062 syringes exchanged
- 1,960 teens served through 52 HIV/STD prevention workshops
- 1,942 HIV tests conducted in-house and through community outreach
- 1,600 clients enrolled in Syringe Exchange Program

They found it at The Free Clinic of Greater Cleveland (The Free Clinic), where health care professionals and community members volunteered to treat all who sought care at busy, Thursday evening, walk-in clinics. The Free Clinic here, like others popping up around the country, was living its core principle that “health care is a right and not a privilege.”

That principle has remained uncompromised throughout The Free Clinic’s development as a safety net for people marginalized from conventional health care channels. Patients include low income women, men, and teens; the unemployed, the working poor; anyone at high risk or who cannot afford private insurance and lacks other alternatives.

With its steady increase in patients and requisite expanded services, The Free Clinic soon garnered an alter ego as an established, well-respected source for health care and a teaching institution where medical and dental students volunteer their time assisting and learning from the professional clinicians.

Other facets of The Free Clinic are unchanged, as well. Most important is an ability to attract skilled and dedicated volunteers. Today, about 300 people, including 45 physicians and dentists, give their time to support free health care by supplementing The Free Clinic’s 55 employees. The volunteer medical staff’s range of specialties creates a *de facto* interdisciplinary team. For example, a primary care

doctor can refer a patient to a dentist, a podiatrist or a nutritionist. Multiple diagnoses are common among patients.

Also, true to its roots, patient services are free, despite the ongoing dependence on donations and grants for The Free Clinic’s entire budget. “We rely on private, foundation and government support for our entire \$3.7 million budget to cover operating expenses and program funding,” says Danny Williams, executive director of The Free Clinic. Williams credits The Free Clinic board for having anticipated economic changes and planning for periods of decreased funding over the years.

But the country’s startling economic downturn in 2008, combined with an

expected but unspecific health care reform policy, made planning difficult. One thing was certain, though: the demand for health care services would continue to grow in a jobless recovery.

“In May 2009, our funding from the State of Ohio was slashed from \$375,000 to \$16,400. While some loss of State support was anticipated given the economy, the drastic scale of the cuts severely impacted our operating budget. Moreover, The Free Clinic was ineligible for stimulus funds. Many foundations and private donors prefer to support specific programs, so undesignated funds, or those directly awarded for operations, are critical to the efficient management of this fairly complex facility,” Williams says, and adds, “Free clinics need operational funding.”

Enter The Mt. Sinai Health Care Foundation. In previous years, the Foundation has provided programmatic support to The Free Clinic. This time, the confluence of circumstances with no end in sight prompted the Foundation to support operations for this vital community health care safety net.

“Mt. Sinai was a safety-net hospital for the poor, and as the East Side’s only Level I trauma center, we took all



comers,” says Mt. Sinai Health Care Foundation Board Chair Vic Gelb, who also served as Board Chair of the Mt. Sinai Medical Center. “The Free Clinic perpetuates Mt. Sinai’s legacy of caring for those in need, so providing operating support for The Free Clinic became an extraordinary consideration.”

The Foundation’s operational grant fosters free comprehensive care and services for almost anything short of surgery and inpatient services – HIV/AIDS prevention, testing and treatments; laboratory and diagnostics, prescriptions and health education programs. That the Mt. Sinai grant indirectly but surely contributes to the training of medical, dental and podiatry students is another reason the Foundation is certain of its value.

In an expansive, modern structure built in 2002, The Free Clinic provides adult ambulatory services from primary medicine to dentistry to psychiatry. Here, just steps away from a crowded storefront that served as the original clinic site, acute care and sexually transmitted disease clinics have specific days. Instead of waiting in lines stretching outside the old buildings, patients now have appointments for routine visits, and everyone fits into a comfortable waiting room that seats about 100 people.



Dr. Thomas Gildea, a pulmonary specialist at Cleveland Clinic, is a seven-year volunteer at The Free Clinic, where asthma and other breathing problems are prevalent among patients. “Treatment guidelines change frequently in this field,” Gildea says. “We have a monthly clinic where pulmonary doctors, nurses and a respiratory therapist track patients’ status and adjust their medication. I may see new or acutely sick patients several times before I feel we have reached the optimum treatment.” Gildea compliments The Free Clinic pharmacists for working with pharmaceutical companies and suppliers to donate medications for patients.

Williams says, “We have been available both for people who have had temporary set backs, and for those who need a longer term medical home. Our goal is to do this in a way that provides access, dignity and hope. Many, after

“We have a monthly clinic where pulmonary doctors, nurses and a respiratory therapist track patients’ status and adjust their medication. I may see new or acutely sick patients several times before I feel we have reached the optimum treatment.”

- Thomas Gildea, M.D., Pulmonologist

“When you have a whole array of problems, you don’t know where to start to help yourself.”

Kimberly was ready to reach out for help, but she says, “I had no money and had burned all my bridges.” At a social service agency where she went for evaluation, she learned that The Free Clinic had an outpatient drug rehabilitation program that sounded right for her. She walked in cold, which, she says in retrospect, showed that she was motivated to turn her life around. “They took me under their wing,” she says. “Everyone at The Free Clinic is positive, friendly and non-judgmental. Everyone totally instills in you that you can help yourself. After completing a two-month mental health program, Kimberly received dental care and glasses and had what she calls an all around tune-up. One year later, Kimberly is a student at Cuyahoga Community College. She hopes to work in the front office of a medical practice. “I want to help other people,” she says. “Sometimes people look at you on the outside and think they know your station in life, that you are fine. But you can be broken inside.”

getting their lives back in order, return to volunteer as a way to repay the help they received.” Because The Free Clinic will likely never have an association of wealthy alumni, it is especially meaningful that many former patients also routinely send small donations in thanks for help they received when they needed it most.

Medical students who volunteered here come back to help and to train the next generation of doctors. Former medical students assert that volunteering at The Free Clinic solidified their passion for medicine. Williams mentions that a doctor who trained here now volunteers at a San Francisco counterpart and sends an annual gift to the Cleveland Free Clinic. “He said, ‘I support the San Francisco Free Clinic with my time, but I support The Free Clinic in Cleveland with my money.’”

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- Vic Gelb, Board Chair, The Mt. Sinai Health Care Foundation

The MedWorks Miracle



A new approach to providing medical care has reduced some of the pressure of caring for those in need and, as a side-effect, created a massive volunteer effort for northeast Ohio. For the uninsured or underinsured, everyday health problems or manageable chronic illness can become serious enough to warrant care in hospital emergency rooms.

Such treatment comes at high cost medically to individuals and financially to hospitals. Safety-net facilities like The Free Clinic and community health centers do all they can while facing reductions in public funding.

Zac Ponsky lost his job and health insurance in 2008. Predisposed to care about health care for the underserved and with years of volunteering in global health missions, Ponsky looked beyond his personal situation to the people missing out on health care services here in Cleveland. He believed that in this region, where eminent medical institutions help drive the economy and employ many thousands of skilled health care workers, there had to be a way for people who needed the most basic health services to get them...free.

'All he had to do' was directly connect clinicians with the public. Moreover, he hoped to advance the collaboration among the existing safety-net hospitals - MetroHealth, University Hospitals, Cleveland Clinic, St. Vincent Charity and the Stokes Veterans Administration Medical Center.

"Our original intent was to take advantage of the deep bench of medical resources Cleveland has and do a version of Remote Access Medical (RAM). RAM is a 25-year-old organization of health care worker volunteers that takes services into impoverished and/or out-of-the-way areas," says



MedWorks founder Zac Ponsky

Ponsky. RAM-Ohio, though, would treat patients who were not isolated geographically but economically.

Ponsky and his team of organizers enlisted doctors, nurses and other ancillary professionals who volunteered to provide the care. People throughout the region volunteered as support staff. Volunteers were not only willing but excited to help. Financial contributions and supplies came from the region's health care institutions, donations of medicine from pharmaceutical companies, gifts from individuals and sponsorships. Media interest and public awareness were high.

Ponsky's RAM-Ohio was all set for a weekend in spring 2009 at the Cuyahoga County Fairgrounds in Berea; first-come, first-served; fingers crossed for good weather.

With everything possible in place and only days before the event, the State of Ohio and then the County expressed concern that in the crowds of people who would attend, some might be carrying the H1N1 virus. Organizers put everything on hold. Disappointed, but only resigned to a postponement of the event, they notified hundreds of volunteers, arranged for supplies to be stored, and asked everyone to stay tuned.

The delay provided time to reevaluate and gain a new perspective and more clarity. Some critical components



would change for the rescheduled event: They would find an indoor site in a central location and allow people to make appointments. The changes would involve additional planning but would eliminate weather worries and provide the ability to control the flow of patients.

"We reinvented ourselves into MedWorks," says Ponsky.

In July 2009, 1,600 appointments moved smoothly through MedWorks at the temporary clinic created in the W.O. Walker Building, in Cleveland's University Circle. High blood pressure, asthma, and diabetes were the most common conditions presented, but all patients were triaged and directed to one of 20 specialty areas where volunteer medical staff provided evaluation, rapid results testing and treatment. Patients received appropriate medical care, free prescriptions, follow-up directives, and information on permanent facilities where they could be treated at little or no cost. Social workers and financial counselors advised patients on services for which they would qualify.

Dr. Laura David, an obstetrician and gynecologist specializing in maternal-fetal medicine and gynecologic oncology at University Hospitals MacDonald Women's Hospital, volunteered both days that first weekend.

"We had a wonderful experience seeing women who could not find help elsewhere and encouraging them to access resources they might not have thought of. Besides providing dozens of mammograms and seeing many more women for exams those two days, we (the gynecologic team) triaged a number of women with significantly high blood pressure, high blood sugars (diabetics), and pelvic pain. We also helped with a number of domestic problems and family issues," Dr. David says. "These MedWorks clinics are so special because we make no judgments



and assume no advantages or disadvantages for the patients. We are here to help no matter what age or circumstance. Medworks is the best form of equal access and equal opportunity in which I have been able to have a part."

Even though the organization has held two events since (a dental clinic in February 2010 and the all-specialty two-day event in May, both at The Free Clinic), that first MedWorks weekend remains distinct for Ponsky. He says, "The first one proved we could do it successfully for the first time, in this city, by deploying a huge team of medical volunteers. We were surprised

at how well it worked, and it was really exciting to figure out the flow."

Were there any surprises that came out of the first MedWorks? "The follow-up care was daunting. It took weeks and months to place patients in follow-up care. Doctors worked until midnight to reclassify hundreds of patients, patient by patient, color coding charts in red for those in immediate need and yellow for chronic diseases that needed follow-up answers," he says. "Also, we learned that we needed to add more social workers. They are an integral part of the event now, integrated right outside exam rooms. They follow every

Randy Denman had signed up to help run the patient parking lot for a few hours at the inaugural MedWorks event. "A young mother arrived with her little boy, who was physically disabled and wearing glasses with frames that were designed for a woman," Mr. Denman says. "They boarded the shuttle to the patient care area, and when they returned to the parking lot, the boy was wearing new glasses. The mother was crying with joy, and the boy was smiling and giving me the thumbs-up." The MedWorks vision team had examined the boy's eyes, ground prescription lenses on the spot and popped them into an age-appropriate frame that the young wearer had selected for himself. "I decided to stay on for that entire day and returned the next," says Mr. Denman, who was back volunteering for both days in May.



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- Laura David, M.D., OB/GYN

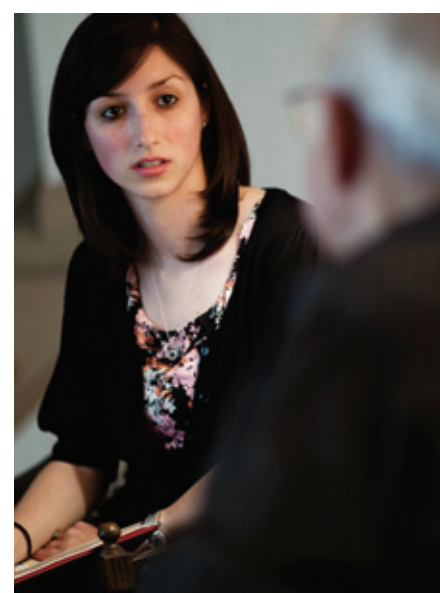
patient through discharge, to ask about other concerns and to see what benefits patients qualify for."

The best part? "There were two great aspects. First, of course, was how grateful the patients were. I received thank you notes from people saying what it meant to them. The second is that this was a grass roots effort on the part of doctors who participated successfully, from different hospitals and systems, working side by side just as individuals," Ponsky says, then adds, "The need is there, and working together, we've been able to help."

MedWorks at-a-glance:

- Over 900 patients/1,600 appointments with doctors, dentists, optometrists, lab work and x-rays
- All patients spent time with a social worker who provided counseling
- Over 130 women had pap tests
- Nearly 100 women received vouchers for free mammograms
- Nearly 300 people either received new glasses onsite or were sent them
- Some received vouchers for follow-up eye care
- About 50 people were HIV-tested
- 100 people received services from Ohio Benefits Bank
- Approximately 300 lay-individuals, 100 doctors and 175 nurses and social workers volunteered their time and services during the two-day event.

Holocaust Survivors



Medical Advocate Irina Rosenberg

Holocaust survivors from the Former Soviet Union have been a distinct group of immigrants since an organized effort brought them to Cleveland starting about 15 years ago. These men and women had experienced hardship in their homelands over the last 50 years; circumstances forced some to move between countries several times. In their 60s and 70s they faced another adjustment to an unfamiliar place during a stage of life when adapting isn't easy.

The experience of the survivors from the former Soviet Union was in contrast to the Jewish immigrants who resettled here in the late 1940's and early 1950's. These immigrants, usually families with members of various ages, arrived just after World War II. With the help of agencies set up to assist these families, and through the advantages of education and decades of employment, they were able to assimilate more easily and contribute substantially to their new country.

Some Former Soviet Union (FSU) Holocaust survivors joined family here, others had no one. Historically considered to be the poorest of all Holocaust survivors, they had few resources. They suffered from multiple physical ailments and, due to their age and the language barrier, there was little likelihood of establishing themselves economically.

As one survivor explains, "JFSA has become a lot more involved in my life in the past couple of years. They have helped with reparations. As I am getting older, I feel more secure that JFSA is available to provide help if I need it because I do not have any family in town."

Jewish Family Service Association (JFSA), working on behalf of the Cleveland Jewish Community, recognized that the more recently arrived wave of immigrants also would need assistance to manage the fundamentals of living here. JFSA created a FSU Holocaust survivor program in 1996 with funding from the Conference on Jewish Material Claims Against Germany (the "Claims Conference") to help with FSU survivors resettlement. With that assistance, and with financial support from the Jewish Community Federation, FSU survivors became an informal community drawn together by common experiences.

Aging brings concerns about health issues and maintaining well-being for everyone. Today, JFSA has nearly 1,000 clients who are FSU Holocaust survivors; their average age is 85; about 60 percent live on their own, below the poverty level in subsidized housing, and receive Supplemental Security Income (SSI) and food stamps. The Claims Conference has continued to support JFSA efforts for this population, but the Conference's overall funds have dwindled even as escalating health and age-related problems among FSU Holocaust survivors have increased the need for direct services.

FSU Holocaust survivors' special circumstances can entail additional considerations. Particularly for those with no family or none nearby, survivors may not recognize when to see a doctor or how to access care, take medication correctly or navigate the levels of public agencies.



In 2007, JFSA created the role of medical advocate to coordinate the picture of survivors' health and well-being by assessing specific needs for assistance and monitoring them on an ongoing basis. The Mt. Sinai Health Care Foundation awarded a 2009 grant to support the medical advocate component of JFSA's FSU Holocaust survivors program.

Medical advocate Irina Rosenberg keeps track of survivors' medical needs and takes responsibility for ensuring that medical care is meeting those needs. Rosenberg makes sure that survivors understand what they need to do to care for themselves, and they receive benefits and resources to maintain and improve overall health and quality of life.

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helped with reparations. As I am getting older, I feel more secure that JFSA is available to provide help if I need it because I do not have any family in town."

Twice-yearly formal evaluations provide a baseline of each person's status, so that changes can be noted and monitored. JFSA uses the information to identify survivors who are in greatest need of medical advocacy.

About 50 survivors require the most intense attention of the medical advocacy program. They receive a total of about 800-850 hours of direct client service a year, for services that can be as straightforward as contacting a physician for a same-day appointment to curb a possible early infection, or to something far more complicated. For example, when an 87-year old survivor fell and broke her hip, the medical advocate oversaw the treatment and

"Some clients like to talk to me about their life. I listen and I am respectful. They have a lot of interesting stories, I am glad I can be helpful to them."

- Irina Rosenberg, Medical Advocate



"Medical advocacy has been a very big help. I don't always understand everything the doctor says, so it is nice to have someone in the room who does understand, so I don't miss anything important," another survivor says. "It is a big relief to not have to worry about transportation when it comes to medical appointments because that can get very expensive."

weeks of follow-up care, and also worked closely with the agency that provided services for the client's 45-year old daughter, who is developmentally disabled.

The client-medical advocate relationship is a two-way street, with the medical advocate staying in touch and aware of the client's needs, and clients knowing to contact the medical advocate with questions and concerns. The medical advocate's phone number is on every client's refrigerator.

"Medical advocacy has been a very big help. I don't always understand everything the doctor says, so it is nice to have someone in the room who does understand, so I don't miss anything important," another survivor says. "It is a big relief to not have to worry about transportation when it comes to medical appointments because that can get very expensive."

People become more isolated as they become frailer. One outlet survivors have is Café Europa, a weekly gathering sponsored by JFSA at the Beachwood Library where they get together to socialize and attend programs.

Also, there is a supportive, emotional counseling aspect to every interaction the medical advocate has with survivors. Rosenberg enjoys being with people who are older than 75. She volunteered at Montefiore when her

grandfather was a patient and then a resident there. In college she was a health sciences major with a concentration in geriatrics and gerontology. She says that depending on the person, "some clients like to talk to me about their life. I listen and I am respectful. They have a lot of interesting stories, I am glad I can be helpful to them."

The medical advocacy program assists survivors by:

- transporting to medical appointments
- escorting and translating through medical appointments
- ensuring ability to communicate symptoms, ask questions and understand doctors' diagnoses and instructions
- ensure that follow-up appointments are made and kept
- ensure that prescriptions are picked up, paid for and taken as directed
- connecting with community resources and public benefits, Medicare Part D, Medicaid, Passport and Home Energy Assistance Program (HEAP)

Summary of Active Grants

ACADEMIC MEDICINE AND BIOSCIENCE	approved prior to 2009	approved in 2009	paid in 2009
Case Western Reserve University Case Western Student Healthcare Careers Symposium (February 4, 2009)		\$700	\$700
Case Western Reserve University School of Medicine Research collaboration between the Mt. Sinai Skills and Simulation Center and the Israel Center for Medical Simulation	\$300,000		\$100,000
Case Western Reserve University School of Medicine Operating and capital support for the Mt. Sinai Skills and Simulation Center	\$2,880,000		\$650,000
Case Western Reserve University School of Medicine Challenge grant to establish the Dean's Catalytic Fund	\$1,000,000		\$333,333
Case Western Reserve University School of Medicine Renewal of The Mt. Sinai Health Care Foundation Scholars Program in the basic sciences	\$2,000,000		\$0
The Center for Health Affairs NEONI: Webinar to examine nursing education reforms underway in Oregon (May 12, 2009)		\$1,000	\$1,000
Central School of Practical Nursing Strategic restructuring for future school growth		\$7,366	\$7,366
The Cleveland Clinic Foundation Mathile and Morton J. Stone Chair and Professorship		\$75,000	\$75,000
Diabetes Association of Greater Cleveland Support of Mt. Sinai Summer Internships in Diabetes Research		\$15,000	\$15,000
Fund for Our Economic Future Support for BioEnterprise Corporation to grow the bioscience sector of Cleveland's economy		\$300,000 over two years	\$150,000
The Gathering Place Psychosocial Needs of Cancer Survivors: Training for Health Care Professionals		\$10,149	\$10,149
Kent State University College of Nursing Train non-traditional faculty in on-line nursing education techniques		\$48,960	\$48,960
Lutheran Hospital, Cleveland Clinic Health System Expenses related to 2009 Dr. Rudolph Reich Lecture and Dr. Barry Friedman Orthopaedic Research Award		\$2,250	\$2,250
The Mt. Sinai Health Care Foundation Matching funds for the Robert Wood Johnson Foundation's Partners Investing in Nursing's Future program, for which The Mt. Sinai Health Care Foundation serves as grantee. The project addresses the nursing shortage by adding new nursing school faculty, thereby enabling Northeast Ohio schools of nursing to admit additional students	Up to \$120,000		\$60,000
Northeastern Ohio Science and Engineering Fair 57th Annual Northeastern Ohio Science and Engineering Fair (March 15-19, 2010)		\$1,000	\$1,000
University Hospitals Health System Support of the Dr. William Herman Pediatric Lectureship		\$638	\$638

HEALTH POLICY	approved prior to 2009	approved in 2009	paid in 2009
AIDS Walk Cleveland 2009 Dr. John T. Carey Memorial AIDS Walk (May 30, 2009)		\$5,000	\$5,000
The Center for Community Solutions 67th Annual Human Services Institute (March 13, 2009)		\$2,500	\$2,500
The Center for Community Solutions (fiscal agent) Membership in the AIDS Funding Collaborative		\$50,000	\$50,000
The Center for Community Solutions Analysis of Cuyahoga County's public health system		\$57,823	\$57,823
Center for Families and Children (fiscal agent) Mental Health Advocacy Coalition		\$35,000	\$35,000
Cleveland Museum of Natural History Bioneers: Great Lakes Bioneers Conference in Cleveland (November 5-7, 2009)		\$7,500	\$7,500
Cleveland Rape Crisis Center Sexual Assault Public Policy Project		\$32,000	\$32,000
Cuyahoga County Board of Health Support for Dr. Alan Hinman's presentation at the Cuyahoga County Board of Health annual meeting		\$1,250	\$1,250
Health Policy Institute of Ohio Core funding to improve the health of Ohioans through informed policy decisions	\$450,000		\$150,000
Health Policy Institute of Ohio Improve the health of Ohioans through informed health policy		\$450,000 over three years	\$150,000
ideastream WVIZ/PBS & 90.3/WCPN For a feasibility study to launch a television health channel	\$25,000		\$25,000
ideastream WVIZ/PBS & 90.3/WCPN Health Initiative Project		\$25,000	\$0

LEAP (Linking Employment, Abilities & Potential) Support of the LEAP Center for Public Policy for advocacy for persons with disabilities	\$100,000 over two years		\$100,000
NARAL Pro-Choice Ohio Investigative study of crisis pregnancy centers	\$21,866		\$21,866
Ohio Citizen Action Education Fund The Cleveland Air Pollution Prevention Campaign	\$40,000		\$40,000
Planned Parenthood of Northeast Ohio, Inc. Phase III of the Prevention First Initiative	\$50,000		\$50,000
UHCAN Ohio Improve health care quality for consumers	\$70,169 over two years		\$35,169
United Labor Agency, Inc. Senior Voice: Speaker's Bureau coordinator for Senior Voice! Coalition advocating for senior health issues	\$16,000		\$16,000
Voices for Ohio's Children 2009 Champion for Children Award Celebration (May 15, 2009)	\$500		\$500
Voices for Ohio's Children Enrollment outreach for Ohio Children's Health Insurance Expansion	\$120,000 over two years		\$60,000

HEALTH OF THE JEWISH COMMUNITY	approved prior to 2009	approved in 2009	paid in 2009
Bikur Cholim of Cleveland To initiate and maintain a kosher food pantry at the Cleveland Clinic, University Hospitals and general support	\$90,000 over three years		\$30,000
Cleveland Hillel Foundation The Art of Healing Exhibit at the Museum of Contemporary Art (December 10, 2009)		\$500	\$500
Cleveland Hillel Foundation Summer Internship Program - four health services sector internships		\$10,000	\$10,000
Cleveland Jewish News Foundation General support		\$2,518	\$2,518
The Cleveland Women's Orchestra Orchestra's musical concert outreach program to residents of long-term care facilities, including Menorah Park and/or Montefiore		\$1,500	\$1,500
Council Gardens Matching dollars to secure \$1.6 million in federal stimulus funds	\$100,000 over three years		\$34,000
The Friendship Circle Sunday Circle: Respite for Families with Special Needs Children		\$20,000	\$20,000
Gift of Life Bone Marrow Foundation Bone marrow donor drive in the Cleveland Jewish community	Up to \$58,555		\$35,173
Hebrew Shelter Home Infrastructure to expand safety-net services	Up to \$182,940 over two years		\$56,860
The Jewish Community Center of Cleveland Health and capacity-building components of its multi-year business plan	\$304,370		\$0
Jewish Community Federation of Cleveland Medical advocacy for Holocaust survivors		\$59,000	\$59,000
Jewish Community Federation of Cleveland Additional allocation to 2010 Campaign for Jewish needs for health services	\$250,000		\$125,000
Jewish Community Federation of Cleveland 2009 Campaign for Jewish needs for health services	\$1,525,000		\$1,143,750
Jewish Community Federation of Cleveland 2010 Campaign for Jewish Needs for health services		\$1,525,000	\$381,250
Jewish Community Federation of Cleveland Health-related projects of the Centennial Initiative for Jewish Cleveland	\$5,000,000		\$500,000
Jewish Family Service Association (JFSA) YouthAbility program bridge funding		\$10,800	\$10,800
Maltz Museum of Jewish Heritage Women & Spirit Exhibit (May 9-August 28, 2010)		\$5,000	\$5,000
Menorah Park Center for Senior Living Center for Assistive Technology		\$138,700 over two years	\$0
Ohio Jewish Communities 2009 general support		\$250	\$250
Planned Lifetime Assistance Network of Northeast Ohio (PLAN) Center for Cognition and Recovery - A joint center of PLAN and JFSA		\$41,125 over 1.5 years	\$27,417
Siegal College of Judaic Studies Mt. Sinai Health Care Foundation Symposium: "Health Care in America: What is it? What should it be?"	Up to \$18,473		\$12,000
Siegal College of Judaic Studies Mt. Sinai Health Care Foundation Lecture: In the Beginning: A Jewish Bioethics Exploration of Reproductive Technologies and their Implications		\$6,750	\$6,750

HEALTH OF THE URBAN COMMUNITY	approved prior to 2009	approved in 2009	paid in 2009
American Red Cross of Greater Cleveland Nurse Assistant Training Program		\$50,000	\$50,000
AIDS Taskforce of Greater Cleveland CARF Certification and Credentialing Planning Project	\$25,000		\$0
Asian Services in Action, Inc. Asian Health Access Initiative (AHA1)		\$37,004	\$37,004
Beech Brook Expansion of parenting support services at Stokes Social Services Mall		\$25,087	\$25,087
City of Cleveland Department of Public Health To establish the Cleveland Office of Minority Health	\$15,000		\$15,000
City of Cleveland Department of Public Health Lead Safe Living Campaign	Up to \$42,350		\$31,768
Cleveland Baseball Federation Youth baseball and softball leagues serving the cities of Cleveland and East Cleveland that promote health and fitness in the urban community	\$5,000		\$5,000
The Cleveland Clinic Foundation CARES Initiative, November 7, 2009; Cleveland Metropolitan School District students' attendance	\$2,500		\$2,500
The Cleveland Foundation Strategic planning efforts for Hunger Alliance and the Cleveland Foodbank	\$4,000		\$4,000
Cleveland Hearing & Speech Center Initiate a neuropsychological evaluation program for children	\$67,720		\$67,720
Cleveland MOTTEP Healthy Teens, Healthy Tomorrow: Minority organ donation education programs	\$9,902		\$9,902
Cleveland Public Theatre Y-Haven's theatre project	\$2,500		\$2,500
Cleveland Sight Center Early detection/intervention of vision loss in infants/toddlers	\$66,960		\$33,480
Community Assessment and Treatment Services, Inc. Holistic health program for its clients	\$25,000		\$25,000
Cuyahoga County Board of County Commissioners Invest in Children - early childhood collaborative	\$250,000		\$250,000
Diabetes Association of Greater Cleveland Diabetes awareness and screening at the M.C. Chatman Center's 3rd Annual Multicultural Music Festival	\$3,100		\$3,100
The Free Medical Clinic of Greater Cleveland Expansion of clinic hours and service	\$150,000 over 15 months		\$30,000
The Foundation Center Foundation Center's Cleveland office	\$2,500		\$2,500
Helen Keller International ChildSight® Cleveland to provide free vision screenings and quality eyeglasses in the Cleveland Metropolitan School District	\$300,000		\$150,000
InterAct Cleveland 2009 Homeless Stand Down		\$5,000	\$5,000
InterAct Cleveland 2010 Homeless Stand Down		\$5,000	\$5,000
Jennings Center for Older Adults Sustaining health & wellness services to affordable senior housing tenants	\$21,079		\$21,079
Joseph's Home Administrative expansion of transitional residence for homeless men	\$67,333 over two years		\$0
Lutheran Metropolitan Ministry Expansion of the training program of the Services to Adult Care Homes (SACH) program serving low-income and special needs seniors residing in private homes in the community	\$114,810 over three years		\$0
Magnolia Clubhouse Integration of care - Magnolia Clubhouse clinic	\$50,000		\$50,000
MetroHealth Foundation, Inc. Better Health Greater Cleveland chronic disease outcomes program	\$60,028 over two years		\$33,125
Milestones Organization Professionalize its work on behalf of children with autism spectrum disorders and their families	\$125,000		\$25,000
MobileMed 1 Foundation (dba MedWorks) Health care services to the uninsured and underinsured	\$20,000		\$20,000
MobileMed 1 Foundation (dba MedWorks) Planning grant for MedWorks	\$20,000		\$20,000
MobileMed 1 Foundation (dba MedWorks) Mobilize medical volunteers to provide access to health services for the uninsured and underinsured	\$292,312 over two years		\$0
Murtis Taylor Human Services System Support of the Murtis Taylor Human Services System	\$1,000		\$1,000

Neighborhood Family Practice Expansion of its Midwifery Program	\$60,000		\$60,000
North Coast Community Homes Community mental health outreach efforts	\$5,000		\$5,000
Old Stone Education Center Health Care Literacy Program	\$17,700		\$17,700
OneSight 2009 Cleveland Children's Clinic (OneSight) - Eye clinic for kids in the Cleveland Metropolitan School District	\$5,000		\$5,000
The Pets for the Elderly Foundation 2009 Pets for the Elderly Program	\$2,500		\$2,500
Planned Lifetime Assistance Network of NE Ohio (PLAN) Funding for housing services	\$1,500		\$1,500
Project LOVE Three additional teen wellness newsletters in partnership with Cleveland area medical centers	\$7,230		\$7,230
Providence House, Inc. Trauma Certification through National Institute for Trauma and Loss in Children - Trauma-Informed Care Certification	\$4,935		\$4,935
Recovery Resources General support	\$2,500		\$2,500
Recovery Resources Prevention coalition planning grant for youth in Slavic Village	\$18,860		\$18,860
Senior Transportation Connection of Cuyahoga County Support operations of public/private partnership	Up to \$75,000		\$75,000
Scenarios USA Year II of the school-based Cleveland Responsible Sexuality Project	\$40,000		\$40,000
Shoes and Clothes for Kids General support	\$2,000		\$2,000
Transportation Consortium Coordinating Committee (TC3) Wind-down activities and transition of senior transportation services	Up to \$28,825		\$12,000
Towards Employment To train direct care workers in urban nursing homes	\$105,424 over two years		\$61,190
United Way of Greater Cleveland John K. Mott Youth Fund Distribution Committee - 2009	\$5,000		\$5,000
University Settlement Senior transportation pilot project	\$10,000		\$10,000
Vocational Guidance Services Health and fitness program for persons with developmental disabilities	\$30,000		\$0
West Side Ecumenical Ministry (WSEM) Pediatric asthma health literacy initiative	\$35,224		\$35,224
YMCA of Greater Cleveland Support of the "We Run This City" Youth Marathon Program for students in the Cleveland Metropolitan School District	\$162,075 over three years		\$0

OTHER	approved prior to 2009	approved in 2009	paid in 2009
Association of Fundraising Professionals, Greater Cleveland Chapter 2009 National Philanthropy Day (November 6, 2009)		\$600	\$600
Grantmakers In Aging 2009 annual membership		\$2,500	\$2,500
Grantmakers in Health 2009 Funding Partners Program		\$6,750	\$6,750
Health Research Alliance, Inc. 2009 annual membership		\$2,500	\$2,500
Ohio Grantmakers Forum 2009 annual membership		\$10,500	\$10,500
United Way of Greater Cleveland 22nd Annual Not-for-Profit Leadership Symposium (October 20, 2009)		\$500	\$500

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 Harvey W. Hopf Memorial Fund
 Horatio J. & Rose Skall Joseph Endowment Fund
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 Alvin Kohn Memorial Fund
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 Sidonia L. Korach Endowment Fund
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 Dr. Samuel O. Freedlander
 Dr. M. D. Friedman

Dr. Howard M. Gans
 Gus Goldsmith
 Mr. & Mrs. Sidney Goldsmith
 Dr. Zolton Klein
 Dr. Emil Kline
 Dr. Sydney Levin
 Dr. Albert Loveman
 Dr. Oscar Markey
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 Barbara Diane Lessam Sheperd
 Dr. I. B. Silber
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 Lewis Miller Philanthropic Fund
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 Mollie & Leo B. Seidenfeld Fund for Research and Teaching
 Abraham & Jennie Shaw Memorial Medical Fund
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 Daniel Sherby Memorial Fund
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 Mortimer I. Strauss, Helen E. Strauss & Blanche New Memorial Fund
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 Milton P. Altschul Fund
 Dr. Lawrence N. Atlas Fund
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 Myron Baker & Robert Dragin
 Kidney Dialysis Fund
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 Sunny Ruth Baron Memorial Fund
 Dr. Willard A. Bernbaum Memorial Fund
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 Dr. Harold & Lillian Bilsky Music Therapy Fund
 Sanford Bloch Memorial Fund for Hematology/Nephrology
 Roger E. & Irma K. Blum Research Fund
 Sarah Ann Borden Memorial Fund
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 Lawrence E. & Esther Broh-Kahn Fund for Geriatrics
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 Sylvia & Ben Coben Ophthalmology Fund
 Dr. Samuel S. & Irma L. Cohen Dental Library Fund
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 Dr. Clarence Weidenthal Pediatric Fund
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 Albert & J. B. Weiss Fund
 Abraham & Edna Zucker Fund

Financial Report

STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS (UNAUDITED)				December 31, 2009
	Unrestricted	Temporarily Restricted	Permanently Restricted	Total
Revenues and Other Support				
Contributions	\$ 5,165	\$ 29,311		\$ 34,476
Investment income, net	1,543,653	983,083	-	2,526,736
Beneficial Trust Income		62,938		62,938
Net realized and unrealized gains	14,269,786	9,606,672	-	23,876,458
Unrealized gain on interest in perpetual trust	-	-	147,840	147,840
	15,818,604	10,682,004	147,840	26,648,448
Net assets released from restrictions	1,305,127	(1,305,127)	-	-
Total Revenues and Other Support	17,123,731	9,376,877	147,840	26,648,448
Expenses				
Grants and distributions	6,103,961	-	-	6,103,961
Administrative and general expenses				
Salaries	545,523	-	-	545,523
Purchased services	163,848	-	-	163,848
Employee benefits	185,959	-	-	185,959
Supplies and office expenses	63,144	-	-	63,144
Payroll taxes	34,225	-	-	34,225
Other expenses	17,089	-	-	17,089
Depreciation	2,024	-	-	2,024
Total administrative and general expenses	1,011,812	-	-	1,011,812
Total Expenses	7,115,773	-	-	7,115,773
Change in Net Assets	10,007,958	9,376,877	147,840	19,532,675
Net Assets , beginning of year	59,471,950	24,564,132	17,912,103	101,948,185
Reclassification of Net Assets , pursuant to adoption of FSP117-1	1,041,388	10,878,615	(11,920,003)	
Net Assets , end of year	\$ 70,521,296	\$ 44,819,624	\$ 6,139,940	\$ 121,480,860

STATEMENT OF FINANCIAL POSITION (UNAUDITED)		December 31, 2009
Assets		
Cash and cash equivalents	\$ 409,701	
Investments	121,192,376	
Beneficial Interest in Perpetual Trust	1,103,971	
Receivables	2,414	
Other assets	134,097	
Property and equipment, net	1,039	
Total Assets	\$ 122,843,598	
Liabilities		
Accounts payable and accrued expenses	\$ 113,914	
Grant commitments	1,248,824	
Total Liabilities	1,362,738	
Net Assets		
Unrestricted	70,521,296	
Temporarily restricted	44,819,624	
Permanently restricted	6,139,940	
Total Net Assets	121,480,860	
Total Liabilities and Net Assets	\$ 122,843,598	

BOARD OF DIRECTORS

Officers	Directors
Victor Gelb <i>Chair</i>	Thomas W. Adler
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Melanie Gavin <i>Financial Officer</i>
Genese Hewston <i>Program Assistant</i>
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DESIGN Epstein Design Partners Inc PHOTOGRAPHY <i>The Free Clinic</i> Russell Lee <i>MedWorks</i> Kim Ponsky Photography <i>Holocaust Survivors</i> Russell Lee, Billy Delfs

Mt. Sinai Responds

The Mt. Sinai Health Care Foundation seeks to assist Greater Cleveland's organizations and leaders to improve the health and well-being of the Jewish and general communities now and for generations to come.

