



MT. SINAI  
HEALTH CARE FOUNDATION

Legacy

FOUNDATION NEWS

SUMMER 2019

## JUDGE DAN A. POLSTER ELECTED BOARD CHAIR

Civic leader and **Federal Judge Dan A. Polster** was elected the ninth chair of the Mt. Sinai Health Care Foundation's Board of Directors at the Board's annual meeting on June 11, 2019. Judge Polster previously served as vice-chair of the Board and co-chair of the Grants Committee, in addition to chair of the Academic Medicine and Bioscience Strategic Grantmaking Committee.

A graduate of Harvard College and Harvard Law School, Judge Polster was appointed United States District Judge for the Northern District of Ohio in 1998 by President William J. Clinton. Judge Polster currently oversees the consolidation in his courtroom of the nation's 2,000 lawsuits relating to the opioid epidemic. His approach to this monumental task was described in a March 5, 2018, *New York Times* front page article entitled, "Can This Judge Solve the Opioid Crisis?"

In addition to his service at Mt. Sinai, Judge Polster served as Board Chair of the Agnon School (now Joseph and Florence Mandel Jewish Day School), Siegal College of Jewish Studies (now Siegal Lifelong Learning Program of Case Western Reserve University), and is a member of the boards of the Jewish Federation, the Mandel Foundation and Jewish Education Center of Cleveland. Among his many awards and honors, Judge Polster was the 2018

recipient of the *Cleveland Jewish News* Civic Leadership Award. He lives in Shaker Heights with his wife of 42 years, attorney Deborah Coleman. The couple have three children, two grandchildren and are members of Park Synagogue and Congregation Shaarey Tikvah.



Judge Dan A. Polster

## LEAD SAFE CLEVELAND COALITION AIDS PASSAGE OF HISTORIC LEGISLATION

### PUBLIC-PRIVATE PARTNERSHIP LAYS FOUNDATION FOR PASSAGE OF LANDMARK LEAD SAFE LEGISLATION

On January 22, 2019, Mt. Sinai Health Care Foundation President **Mitchell Balk** announced the establishment of the **Lead Safe Cleveland Coalition** at a press conference at Cleveland City Hall (see video on our home page at [www.mtsinaifoundation.org](http://www.mtsinaifoundation.org)). Since then, the Coalition has expanded to include nearly 300 individuals representing more than 100 organizations. This public-private partnership has played a key role in advancing policy and systems change at the local, state, and federal levels aimed at protecting Cleveland's children and families from lead poisoning.

#### Background: Lead Poisoning and Lead Exposure in Cleveland

Lead is an environmental toxin that affects the brain, heart, bones, and kidneys. Even very low levels of lead in blood have been shown to affect IQ, ability to pay attention, and academic achievement and can cause serious health problems, many of which are not detected until years after exposure. Recent data collected by researchers at Case Western Reserve University indicate that 40 percent of children who are tested in Cleveland are lead poisoned before they enter kindergarten. Lead can be found in paint, soil, jewelry, toys, home remedies, ceramics, candy, and water. However, leaded dust in buildings built before 1978 is by far the most common form of exposure for children in Cleveland. Lead poisoning is a public health issue with a housing solution: Improve housing conditions so that children do not have the opportunity to ingest or inhale lead-based paint chips or dust in or around the home.

#### Progress Toward a Lead Safe Cleveland

Over the last six months, the Lead Safe Cleveland Coalition and its partners have made great strides in advancing comprehensive, preventive, and long-term solutions to lead poisoning. Through its five working committees—Community Engagement, Governance, Lead Safe Home Summit, Policy, and Resource Development—the Coalition used a community-led process to define the scope of the problem and co-create feasible and sustainable solutions that leverage Cleveland's unique assets. The Coalition now sees the fruit of its labor in the enactment of unprecedented policy and systems changes to protect our community's most vulnerable children.

On May 1, 2019, the Coalition submitted 33 policy recommendations to Cleveland City Council. The recommendations prioritize the prevention of lead poisoning in children and the foundational importance of proactive rental inspections for lead hazards. The centerpiece of the recommendations is the requirement that rental units built before 1978 become certified as lead safe within three years. The mandate requires ongoing lead inspection and maintenance of rental properties with certificate renewal every two years. In addition to prevention, the policy recommendations also encompass screening and testing, treatment and intervention, and education and outreach. On June 3, 2019, Cleveland City Council proposed its first-ever Lead Ordinance (no. 747-2019) based largely upon the Coalition's recommendations.

(Continued on Page 2)

LANDMARK LEAD SAFE LEGISLATION

(Continued from Page 1)



(Left) Attending the Lead Safe Home Summit are:

(Left to Right) Paul Dolan, president of the Cleveland Indians and Board chair, United Way of Cleveland; Anthony Brancatelli, Cleveland City Council, Ward 12; Blaine A. Griffin, Cleveland City Council, Ward 6; United Way President August A. Napoli, Jr; and Cleveland Mayor Frank G. Jackson.

(Right) On May 1, 2019, the Lead Safe Cleveland Coalition submitted 33 policy recommendations to Cleveland City Council. The recommendations prioritized the prevention of lead poisoning in children and the foundational importance of proactive rental inspections for lead hazards.

To assist landlords and property owners in complying with the Lead Safe Certificate, the Coalition has modeled and begun capitalizing the **Lead Safe Home Fund**. This fund—the first-of-its-kind in the country—will provide grants and loans to qualifying property owners who lack the resources needed to make vital repairs that prevent lead exposure. **In July 2019, the Coalition secured its first investment into the Fund, a \$2 million budget allocation from the State of Ohio.** This seed investment will be leveraged alongside robust philanthropic support; corporate and private sector contributions; health care investments; new community-focused bank products; and other public investments from local and federal government.

In collaboration with United Way of Greater Cleveland, the Coalition hosted its first-ever Lead Safe Home Summit on June 21, 2019. The event attracted more than 500 participants, including landlords, tenants, community members, policymakers, civic leaders, and public officials, among others. The event featured a keynote address from **Dr. Mona Hanna-Attisha**, the doctor-advocate who shone a national spotlight on the Flint water crisis of 2014. Summit attendees took part in over 30 educational breakout sessions, presented by experts and advocates from municipalities across the country that have adopted policies and practices to address lead poisoning. The day culminated in a special hearing of the Cleveland City Council Health and Human Services Committee, in which members unanimously voted the **Lead Ordinance (no. 747-2019)** out of Committee following testimony from Coalition members.

At the conclusion of the Summit, Mt. Sinai Health Care Foundation President **Mitchell Balk** announced the creation of the Lead Safe Cleveland Coalition Steering Committee. Launching in September 2019, the Steering Committee will be responsible for Coalition oversight, agenda-setting, communication, and advocacy. “The appointment of Steering Committee members marks an important milestone for the Lead Safe Cleveland Coalition,” said Balk, chair of the Governance Committee and an Interim Steering Committee member. “This group brings to the table a remarkable depth and breadth of leadership, a diversity of lived experiences, and the critical perspectives necessary to address lead poisoning in our community.”

Passage of the Lead Ordinance by Cleveland City Council on July 24, 2019 stemmed from the Coalition’s multi-faceted work, years in the making, and marked a major milestone in Cleveland’s efforts to prevent lead poisoning. It codified the pivotal policy and systems change needed to protect Cleveland’s children and improve its housing stock.

Upon legislation passage, Mt. Sinai Health Care Foundation President Mitchell Balk stated, “The Lead Safe Cleveland Steering Committee stands ready to help implement this legislation, and its historic passage marks the next phase of our public-private partnership. We will continue to stand shoulder-to-shoulder with our City of Cleveland colleagues, ready to make this ordinance work for both Cleveland’s families and landlords. This will be no small task, but we are all in.”

In collaboration with United Way of Greater Cleveland, the Lead Safe Cleveland Coalition hosted its first-ever Lead Safe Home Summit on June 21, 2019

**LEAD SAFE CLEVELAND COALITION**

**NEWS RELEASE**  
For Immediate Release: July 24, 2019

Media Contact:  
Emily Lundgard  
(216) 631-0280, ext. 4120  
elundgard@enterprisecommunity.org

**Lead Safe Cleveland Coalition Applauds Passage of Historic Lead Safe Legislation**

*Lead safe certificate represents systematic policy change*

CLEVELAND – The Lead Safe Cleveland Coalition applauds Cleveland City Council for passing Ordinance 747-2019 and Resolution 748-2019, historic legislation that will help make Cleveland lead safe.

Reactions from Lead Safe Cleveland Coalition leaders:

**Mark McDermott, Enterprise Community Partners  
Chair of the Policy Committee**

“The Lead Safe Cleveland Coalition believes that no child should ever be lead poisoned. Today marks the moment when Cleveland came together to make systematic policy change that says just that – primary prevention comes first.

## TWO APPOINTED TO MT. SINAI BOARD

Two new Directors were appointed to the Foundation's Board of Directors at its June 11, 2019, annual meeting. Belleruth Naparstek completed the maximum nine years of Board service and was recognized for her leadership. In addition, the following individuals were elected or re-elected officers for a one-year term: Judge Dan A. Polster, chair, Jeffrey L. Ponsky, MD and Julie Adler Raskind, vice-chairs, Ira C. Kaplan, treasurer, and Kim Meisel Pesses, secretary. The two new Directors are:



Amy Main Morgenstern



James A. Ratner

### AMY MAIN MORGENSTERN

After many years of splitting her time between Cleveland and the San Francisco Bay area, **Amy Morgenstern** returns to the Foundation's Board where she previously served as both treasurer and co-chair of the Grants Committee. Amy is a trustee of the Treu-Mart Fund and has served on the boards of Menorah Park Center for Senior Living, Jewish Federation of Cleveland, KIPP Bay Area Schools and Nortech. She also volunteers as a College Now mentor.

For more than 35 years, Ms. Morgenstern and her firm, Main Stream Enterprises, have provided strategic planning consulting throughout the country and abroad, primarily in Northeast Ohio, but also in Boston, Israel, Los Angeles, New York City, San Francisco, and Washington, DC.

In 1999, Ms. Morgenstern had the idea for and co-lead the first Cleveland Rape Crisis Center's Sing Out event for which she was honored in 2004. She holds a Bachelor of Music degree in Music Therapy from Florida State University, an MBA from the Weatherhead School of Management and an MSSA degree from the Mandel School of Applied Social Sciences, both of Case Western Reserve University.

Ms. Morgenstern and her husband, Marc Morgenstern, live in Shaker Heights and have two children.

### JAMES A. RATNER

Civic leader **James Ratner** is a principal of RMS Investment Group and past Board Chair of the Cleveland Foundation, Playhouse Square Foundation, and Forest City Realty Trust. Mr. Ratner is also a member of the Board of Directors of Hamilton Beach Brands, Inc. Case Western Reserve University, the Cleveland Museum of Art, the Jewish Federation of Cleveland, United Way of Greater Cleveland, Teach for America-Cleveland and the Urban Land Institute.

Among his many awards and honors, Mr. Ratner is the recipient of the Jewish Federation's Gries Family Award for outstanding service to both the Jewish and general communities. Mr. Ratner holds a Bachelor's degree from Columbia University and an MBA from Harvard University. He and his wife, Mt. Sinai Immediate Past Board Chair and Life Director Susan Ratner, live in Shaker Heights and have two children and four grandchildren.

## NEWS IN BRIEF

Founding Board Chair **S. Lee Kohrman** received the Jewish Federation of Cleveland's 2019 Eisenman Award, the Federation's highest honor.

President **Mitchell Balk** authored a Plain Dealer Op/Ed on Medicaid Expansion's role in reducing black infant mortality, with Akram Boutros, MD, CEO of MetroHealth Medical Center.

Vice President **Daniel Cohn** was named one of the "Twenty in their 20s" by Crain's Cleveland Business.

THE MT. SINAI HEALTH CARE FOUNDATION

# Annual Meeting

MARKING THE 20TH ANNIVERSARY OF THE  
MT. SINAI HEALTH CARE FOUNDATION SCHOLARS PROGRAM AT  
CASE WESTERN RESERVE UNIVERSITY SCHOOL OF MEDICINE



*(Left)* Ben Strowbridge, PhD., Professor of Neuroscience, Physiology and Biophysics and the very first Mt. Sinai Scholar (1998), describes what being a Mt. Sinai Scholar has meant to his research career.

*(Right)* Mt. Sinai Scholars pose for a photo wearing their new Mt. Sinai/Case Western Reserve University School of Medicine lab coats. At center is Case School of Medicine Dean Pamela B. Davis, MD, PhD.

The Mt. Sinai Annual Meeting was held on June 11, 2019, and highlighted the Foundation's investments in medical research in honor of the 20th anniversary of the Mt. Sinai Scholars Program at Case Western Reserve University School of Medicine. Read more about the Scholars Program on the Foundation's website by clicking on the 2018-2019 Annual Report ([www.mtsinaifoundation.org](http://www.mtsinaifoundation.org)).



*(Right)* Outgoing Board Chair Susan Ratner addresses annual meeting attendees.

2019 ANNUAL MEETING • TUESDAY, JUNE 11, 2019  
SEVERANCE HALL • REINBERGER CHAMBER HALL



*(Left)* Newly appointed Director James Ratner, Immediate Past Board Chair and Life Director Susan Ratner, with President Mitchell Balk  
*(Right)* Erica Rudin-Luria, president, Jewish Federation of Cleveland, Mt. Sinai Directors Renée Chelm and Kim Meisel Pesses



(Left) Case Western Reserve University President Barbara R. Snyder, Mt. Sinai Director Beth W. Brandon and Bob Brandon  
 (Right) 2019 Maurice Saltzman Award Recipient Eileen Saffran, LISW-S, center, with Gale Halperin (Left) and Erin Stevens (Right)



(Left) Dale Anglin, program director at the Cleveland Foundation, with returning Mt. Sinai Director Amy Main Morgenstern  
 (Right) Immediate Past Board Chair and Life Director Susan Ratner (center) with Robert and Judy Rawson



(Left) Board Vice-Chair Jeffrey L. Ponsky, MD, with Jackie Ponsky  
 (Right) Outgoing Director Belleruth Naparstek with Founding Board Chair S. Lee Kohrman



(Left) Mt. Sinai Directors Julie Adler Raskind, vice-chair, with Ira C. Kaplan, treasurer  
 (Right) Newly elected Board Chair Judge Dan A. Polster, with President Mitchell Balk

## EILEEN SAFFRAN RECEIVES 2019 SALTZMAN AWARD

THE 2019 MAURICE SALTZMAN AWARD WAS PRESENTED TO EILEEN SAFFRAN, FOUNDER & CEO OF THE GATHERING PLACE, AT THE FOUNDATION'S JUNE 11, 2019, ANNUAL MEETING AT SEVERANCE HALL

The **Saltzman Award** has become one of the most prestigious honors in Cleveland. All of the past winners have contributed greatly to making Cleveland a center of medical excellence.

**Eileen Saffran** is a dedicated clinician, educator, and champion for the well-being of patients and their families. She has had an esteemed career as a social worker, and she is the first social worker to receive the Saltzman Award. Her work over the years to integrate community services and medical care has transformed the local health care system. Eileen served as the director of community medicine for the University Hospitals Family Medicine Residency Program, in addition to her work in clinical practice for over two decades. She received her Bachelor's and Master's degrees in social work at The Ohio State University, and she holds an appointment as a senior clinical instructor in the Department of Family Medicine at the Case Western Reserve University School of Medicine.

Her truly lasting impact on our community can be felt most strongly in her leadership as founder & CEO of **The Gathering Place**. Eileen founded the organization after her life was personally touched by cancer in caring for two parents diagnosed with the disease. With a vision to aid patients and families coping with cancer diagnosis and treatment, Eileen has created and advanced an organization that serves as an invaluable resource for cancer survivors and their families.

Since its founding in 2000, The Gathering Place has served 45,000 cancer patients and family members in over 450,000 visits. It is the only center in Northeast Ohio to support the physical, social, emotional, and spiritual needs of cancer survivors and their families, with services offered at no cost. The Gathering Place's ability to consistently offer free services to patients and families for 20 years is a testament to Eileen's leadership in cultivating a vast and committed base of supporters.

Under Eileen's leadership, what began as a staff of seven at one site in Beachwood with a budget of \$650,000 is now a \$2.4 million organization with over 20 staff and 350 volunteers in its three locations. The Gathering Place has expanded its presence and impact through the opening of a cancer support center on Cleveland's west side in 2008 and a wellness facility in Beachwood in 2011.

Eileen is a thought leader in the cancer support community, and her insight and leadership of The Gathering Place, revered as a national model, has helped to shape the practices employed at cancer support centers across Ohio and around the country. During Eileen's tenure as CEO, The Gathering Place has received numerous local and national awards.

In addition to her influence on clinical care, Eileen has contributed to the field of cancer research. The Gathering Place collaborates with University Hospitals and Case Comprehensive Cancer Center as co-investigators on The ABC's of Cancer Research Project, a study examining the impact of physical activity on African American breast cancer survivors.

In everything that she does, Eileen strives to improve the lives of those around her. Greater Cleveland owes its rich system of cancer care and supports in large part to her influence.



*(Left to Right)* 2019 Maurice Saltzman Award Recipient **Eileen Saffran, LISW-S**, with Mt. Sinai Director and Maurice Saltzman Award Selection Committee Chair **Beth W. Brandon**.

### 2019 Saltzman Award Selection Committee

Foundation Directors Tom Abelson, MD, Richard Bogomolny, Belleruth Naparstek, Judge Dan Polster, Jeffrey Ponsky, MD, Fred Rothstein, MD, and Scott Simon; Foundation Board Chair Susan Ratner; Foundation President Mitchell Balk; Pamela Davis, MD, PhD, Dean of the Case Western Reserve University School of Medicine and 1998 Saltzman Award recipient; and Nathan Berger, MD, former Dean of the School of Medicine and 2013 Saltzman Award recipient

### Past Saltzman Award Recipients

LeRoy Matthews, MD (1983) • Herman Hellerstein, MD (1984) • Saul Genuth, MD (1985) • David N. Myers (1986) • Matthew Levy, MD (1987)  
 Jack H. Medalie, MD (1988) • Richard E. Behrman, MD (1989) • Joseph Foley, MD (1990) • Richard W. Hanson, PhD (1991) • Richard Fratianne, MD (1992)  
 Lester Adelson, MD (1993) • Oscar Ratnoff, MD (1994) • Anthony Tavill, MD (1995) • The Mt. Sinai Medical Center (1996) • Louis Rakita, MD (1997)  
 Pamela Bowes Davis, MD, PhD (1998) • Emanuel Wolinsky, MD (1999) • Roland W. Moskowitz, MD (2000) • Case Western Reserve University School of Medicine (2001)  
 Joyce A. Lee, RN, MA (2002) • Edward M. Hundert, MD, Floyd D. Loop, MD, Fred C. Rothstein, MD, Terry R. White (2003)  
 Cleveland Functional Electrical Stimulation Center (2004) • Case Comprehensive Cancer Center under the leadership of Stanton L. Gerson, MD (2005)  
 Avroy A. Fanaroff, MD (2006) • Jeffrey L. Ponsky, MD (2007) • Sanford Markowitz, MD, PhD (2008) • Randall Cebul, MD (2009) • Michael M. Lederman, MD (2010)  
 Delos "Toby" Cosgrove, MD (2011) • Michael A. Weiss, MD, PhD (2012) • Robin K. Avery, MD (2012) • Nathan A. Berger, MD (2013) • Krzysztof Palczewski, PhD (2014)  
 Albert Waldo, MD, and Avrum I. Froimson, MD (2015) • Jackson T. Wright, Jr., MD, PhD (2016) • Terry Allen, MPH (2017)  
 Fabio Cominelli, MD, PhD, and Robert L. Haynie, MD, PhD (2018)

## MT. SINAI GRANT RECIPIENT EXPANDS EFFORTS TO IDENTIFY AND TREAT CHILDHOOD TRAUMA

**MT. SINAI AWARDED OHIOGUIDESTONE \$350,000 OVER TWO YEARS TO EXPAND THE CHILD-PARENT PSYCHOTHERAPY (CPP) PROJECT TARGETING LOW-INCOME CHILDREN AND THEIR FAMILIES WHO HAVE EXPERIENCED TRAUMA.**

Founded in 1964, OhioGuidestone provides job training, foster care, addiction and mental health services. OhioGuidestone has expanded its initiative to improve the availability and accessibility of trauma-informed services through an integrated behavioral and physical health model designed to impact life-long health and wellness for children up to five years of age who are served by Northeast Ohio Neighborhood Health Services, Inc. (NEON) and the new University Hospitals/Rainbow Center for Women and Children.

Traumatic experiences and toxic stress, clinically referred to as adverse childhood experiences (ACEs), can result from a variety of encounters during childhood including abuse and neglect, parental incarceration, and growing up in a household in which serious mental health issues are present. Children in Cleveland and Cuyahoga County are disproportionately burdened by ACEs. Ohio ranks among the top five states for ACEs, and Cuyahoga County ranks among the top in the state for early childhood trauma. The long-term effects of this toxic stress are well documented and include physical, mental, and behavioral health problems lasting into adulthood.

Research indicates that the long-term impact of ACEs can be mitigated through specialized interventions that foster supportive, stable relationships between children and their adult caregivers. OhioGuidestone has used this research and network of early childhood mental health professionals to craft its child-parent psychotherapy (CPP) program. CPP has been identified by the National Child Traumatic Stress Network (NCSN) as an evidence-based treatment model that can significantly reduce long-term traumatic stress symptoms among children and improve caregivers' skills and sense of competency in preventing continued trauma.

The initiative has included the development of a universal ACEs screening protocol and the embedding of trauma-informed mental health services

into pediatric clinics. Along with their partners at NEON and Rainbow, OhioGuidestone staff identify children and families in need of trauma-informed services; provide on-site, immediate CPP consultations; offer on-site and home-based therapeutic support; and train health care workers and staff on the signs, impact, and treatment of trauma for young children. Co-locating these pediatric medical and mental health services has enabled seamless hand-off for families between health care providers and OhioGuidestone early childhood mental health specialists.

In its first 18 months, OhioGuidestone piloted this project in two NEON clinics, screening 1,900 children for ACEs and providing nearly 300 referrals for ongoing therapeutic services. Almost half of children screened had at least one ACE, with 8% having experienced four or more by the age of five—a proportion similar to national figures for children experiencing ACEs by the age of 18. Through its expansion to the entire NEON pediatric network and the new UH Rainbow Center for Women and Children, OhioGuidestone aims to serve 7,000 children and 1,200 pregnant women. Partnership with the Center for Women and Children will also enable OhioGuidestone and its medical partners to extend screening and treatment to pregnant and postpartum women, and to conduct research exploring the health outcomes associated with this model on a population level.

The Mt. Sinai Health Care Foundation has a significant history of investing in behavioral health services for young children. Its ongoing partnership with OhioGuidestone highlights an innovative approach to bringing trauma-informed services to scale. CPP promises to shift clinical culture to better meet the needs of Cleveland's youngest and most vulnerable children and to promote long-term well-being.



## TRAUMA EXPERT NADINE BURKE HARRIS, MD, ADDRESSES THE CITY CLUB OF CLEVELAND

On March 21, 2019, the **Mt. Sinai Health Care Foundation** sponsored **Dr. Nadine Burke Harris**, Surgeon General of California and Founder & CEO of the Center for Youth Wellness, in addressing a City Club forum of over 500 individuals on the harmful impact of adverse childhood experiences (ACEs) and resulting toxic stress. Dr. Burke Harris articulated the causal link between ACEs and their harmful effects on long-term health and well-being. Dr. Burke Harris, nationally recognized as an expert and leading advocate in the field, described pioneering work underway at the Center for Youth Wellness to screen for ACEs among pediatric patients and mitigate the harms of ACEs through strategies targeted to both children and their families. These efforts mirror trauma screening and treatment implemented locally by OhioGuidestone in community health clinics and supported by the Mt. Sinai Foundation (see article on page 7).

Following the City Club forum, Dr. Burke Harris participated on a panel on ACEs moderated by Foundation Vice President, Strategy, **Daniel Cohn**. The panel featured **Holli Ritzenthaler**, Assistant Vice President, OhioGuidestone; **Margaret Mitchell**, President & CEO, YWCA Cleveland; **Dr. Edward Barksdale, Jr.**, Surgeon-in-Chief, UH Rainbow Babies & Children's Hospital; and **Dr. Heidi Gullett**, Medical Director, Cuyahoga County Board of Health. The event occurred in conjunction with a free screening of the documentary *Resilience*, and it afforded community members the opportunity to engage with local and national experts on the impact of ACEs, as well as strategies to prevent and treat trauma.



California Surgeon General **Nadine Burke Harris, MD**, addresses the City Club of Cleveland

*Photograph by Michaelangelo's Photography*

## EARLY AGES HEALTHY STAGES NAMED NATIONAL MODEL OF PRACTICE

**Early Ages Healthy Stages (EAHS)**, an initiative led by the **Cuyahoga County Board of Health** and supported by grants from the **Mt. Sinai Foundation**, was named a 2019 Model Practice by the National Association of County and City Health Officials (NACCHO). Selected by a panel of national public health peers, EAHS is heralded for its use of effective and evidence-based strategies to promote public health in early childhood care and education.

EAHS is a partnership among early childhood care and education (ECE) providers, community organizations, health care providers, social service agencies, businesses, and families that works collectively to create healthy environments for all children in early care throughout Cuyahoga County. Launched in March 2016, the EAHS coalition has engaged over 350 individuals representing 180 active member organizations, nearly half of which represent the ECE provider community. Coalition members work together to promote healthy eating, physical activity, social and emotional health, access to health care, and family engagement. The Coalition also supports ECE providers in achieving and maintaining Ohio Healthy Program designations.

“The work of EAHS will now serve as an example to other communities across the country on how to engage early childhood stakeholders and work collectively to make the healthy choice the easy choice for young children and their families,” said **Terry Allan**, Commissioner of the Cuyahoga County Board of Health.



<https://earlyageshealthystages.com>



## CONTRIBUTIONS & BOARD OF DIRECTORS

The Mt. Sinai Health Care Foundation expresses its sincere appreciation to its friends and supporters for their many generous contributions. In addition to honoring or remembering loved ones, gifts to the various funds help to improve the health status of the Greater Cleveland community through the Foundation's grantmaking.

### CONTRIBUTIONS RECEIVED BETWEEN FEBRUARY 1, 2019, AND JULY 31, 2019

#### SPECIAL GIFTS

Dr. William Herman Pediatric Lectureship Fund

In Memory of *Dr. William Herman*

Marilyn H. and Mitchel S. Ross

#### CONTRIBUTIONS

Marjorie & Jerome M. Besuner Cancer Fund

In Honor of *Abby Dawn and Michael Elmudesi*

In Memory of *Marjorie E. Besuner, Jerome M. Besuner, Steve Edward Blumenthal, David Philip Dwoskin, Fred Griffith, Frank Gustafon*

Marsha J. Besuner Klausner

The Mt. Sinai Health Care Foundation General Fund

In Honor of *Eileen Saffran, LISW-S*

Dr. and Mrs. Murray Berkowitz

#### FOUNDATIONS & TRUSTS

The Mt. Sinai Health Care Foundation is pleased to acknowledge that the following philanthropic distribution was recently received.

•  
Dr. Hans J. and Betty Rubin Trust

The Mt. Sinai Health Care Foundation seeks to assist Greater Cleveland's organizations and leaders to improve the health and well-being of the Jewish and general communities now and for generations to come.

#### Board of Directors

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\*of blessed memory

## RECENT GRANT AWARDS

### MARCH AND JUNE 2019 GRANT AWARDS

#### ACADEMIC MEDICINE/BIOSCIENCE

**Case Western Reserve University**  
\$2,500 for the Horizons Program: Medical Student-Run High School Outreach Health Careers Program

**Case Western Reserve University**  
\$10,000 for the School of Medicine—Hebrew University of Jerusalem Senior Scientist Exchange Program

**Current Concepts Foundation**  
\$2,250 for the 2019 Rudolph Reich, MD Lectureship and Barry Friedman, MD, Awards

**The Ohio University Foundation**  
\$20,000 over two years for The Heritage College of Osteopathic Medicine (Cleveland Campus): Aspiring Doctors Pre-College Program

#### HEALTH OF THE JEWISH COMMUNITY

**Bikur Cholim of Cleveland**  
\$10,000 for the Bikur Cholim Dinner Honoring the Mt. Sinai Health Care Foundation (Feb 26, 2019)

**The Mandel Jewish Community Center of Cleveland**  
\$150,000 for its Capacity Building through Technology Project

**Naaleh Cleveland**  
\$19,600 for the Pilot Community Mental Health Project with JFSA/Jewish Federation of Cleveland

**United States Holocaust Memorial Museum**  
\$1,000 for Survivors to Attend the 2019 Cleveland Luncheon (May 16, 2019)

#### HEALTH POLICY

**The City Club of Cleveland**  
\$10,000 for the Friday Forum featuring Nadine Burke Harris, MD. (March 21, 2019)

**Mental Health & Addiction Advocacy Coalition (MHAC)**  
\$40,000 for Strategic Growth to Increase Impact and Influence Across Ohio

**Philanthropy Ohio**  
\$10,000 for the 2019 Health Initiative

#### OTHER

**Health Research Alliance, Inc.**  
\$3,125 for 2019 Annual Membership

**Philanthropy Ohio**  
\$12,500 for 2019 Annual Membership

2019 ANNUAL MEETING • TUESDAY, JUNE 11, 2019  
SEVERANCE HALL • REINBERGER CHAMBER HALL



(Left) Director Emerita Sally H. Wertheim, PhD, with Stanley Wertheim  
(Right) Former Director Zack Paris, Debby Paris, Natalie Epstein, Gregg Levine

## RECENT GRANT AWARDS

### MARCH AND JUNE 2019 GRANT AWARDS

#### HEALTH OF THE URBAN COMMUNITY

**Asian Services in Action, Inc. (ASIA, Inc.)**  
\$500 in Honor of Michael Byun (November 16, 2018)

**Birthing Beautiful Communities**  
\$90,000 for esCentral Interventions: Race, Stress, and Infant Mortality in the Central Neighborhood

**Burten, Bell, Carr Development, Inc.**  
\$35,000 for the Healthy Food Access Initiative

**City of Cleveland**  
\$2,200 for the Department of Aging Senior Day (May 21, 2019)

**Cleveland Leadership Center**  
\$500 for Accelerate 2019 Citizens Make Change (February 27, 2019)

**Cleveland Minority Organ & Tissue Transplant Education Program (MOTTEP)**  
\$12,702 for the Healthy Teens, Healthy Tomorrow Teen Summit Program

**Collaboration Station**  
\$6,000 for Stop-Gap Funding for Meals on Wheels in the Urban Community

**Community Assessment & Treatment Services, Inc.**  
\$15,000 for a Consultant to Rewrite HIPAA Policies and Procedures

**Compassions Training & Awareness Center**  
\$2,500 for Start-up Funding for a State-tested Nursing Assistant (STNA) Training Program

**Cuyahoga County Board of Health**  
\$2,500 for Community Panel Discussion with Nadine Burke Harris, MD

**Democracy Collaborative**  
\$2,500 for the Healthcare Anchor Network Spring 2019 Convening in Cleveland

**Engage! Cleveland**  
\$1,000 for Young Professionals Week: Health and Wellness Initiative 2019

**HandsOn Northeast Ohio**  
\$5,000 for the 2019 Homeless Stand Down

#### InMotion

\$187,000 over 1.5 years to Strengthen Organizational Capacity in Fund-raising, Client Programing and Strategic Planning to Benefit People with Parkinson's Disease

**M.C. Chatman Center for Humanitarian Services**  
\$3,250 for the Healthy Living Expo (July 27, 2019)

**MobileMed 1 Inc. (dba MedWorks)**  
\$160,000 for Service Expansion through MedWorks Clinics, MedWorks Outreach, and MedWorks Cares

#### OhioGuidestone

\$350,000 over two years for the ACEs Screening and Child-Parent Psychotherapy Expansion Project

**Old Brooklyn Community Development Corporation**  
\$49,820 for the Old Brooklyn Health in Action Initiative

**The Pets for the Elderly Foundation**  
\$5,000 to Support, Enhance and Expand the Pets for the Elderly Program (supported by a Mt. Sinai donor-designated fund for this purpose)

**Providence House, Inc.**  
\$300,000 over three years for Program Expansion to the East Side

**Thea Bowman Center**  
\$10,000 for Outreach and Healthy Living Programs for the Elderly

**United Way of Greater Cleveland**  
\$10,000 for the Lead Safe Home Summit

**University Settlement, Inc.**  
\$40,000 for the Senior Choice Initiative

**YWCA Greater Cleveland**  
\$1,000 for the YWCA Women of Achievement Awards Luncheon (May 6, 2019)

**YWCA Greater Cleveland**  
\$20,000 for the Trauma-Informed Early Learning Center

**YWCA Greater Cleveland**  
\$100,000 Additional Support for the Trauma-Informed Early Learning Center

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## NEWS IN BRIEF

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Vice President **Daniel Cohn** was a speaker at Grantmakers In Health's National Education Conference in Seattle, WA, June 2019 (Lead Poisoning Prevention).

President **Mitchell Balk** was a speaker at Grantmakers In Health's National Education Conference in Seattle, WA, June 2019 (Health Policy Tools in a Health Grantmaker's Tool Box).

Board Chair **Judge Dan A. Polster** received the 2019 Sam Miller Goodness Award from Values-In-Action Foundation

Immediate Past Board Chair/Life Director **Susan Ratner** was elected president of The Park Synagogue.



MT. SINAI  
HEALTH CARE FOUNDATION

*Legacy*

FOUNDATION NEWS

SUMMER 2019

The Mt. Sinai Health Care Foundation  
Allen Memorial Medical Library Building  
11000 Euclid Avenue  
Cleveland, Ohio 44106-1714

216-421-5500 Phone  
www.MtSinaiFoundation.org

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FOUNDATION NEWS



President **Mitchell Balk** was the recipient of the Jewish Federations of North America’s (JFNA) Health and Long-term Care Visionary Award presented at the May 2019 JFNA Health and Long-term Care Summit in Washington, DC. Pictured from left to right are: The Honorable **Richard Licht**, co-chair emeritus, JFNA Health and Long-term Care Committee (Rhode Island); **Julie Kass**, current committee co-chair (Baltimore); **Mitchell Balk**; **Neil Meltzer**, CEO, LifeBridge Health (Baltimore). Not shown, **James Rosenstein**, HLTC co-chair emeritus (Philadelphia).

The **Mt. Sinai Health Care Foundation** was honored at the Lev Miriam Bikur Cholim of Cleveland Annual Dinner. Representing the Foundation at the dinner were (left to right), Immediate Past Board Chair/Life Director **Susan Ratner**, President **Mitchell Balk** and Director **Louis Malcmacher**, DDS.

For further information, contact the Foundation office at 216-421-5500 or visit the Foundation’s website at [www.MtSinaiFoundation.org](http://www.MtSinaiFoundation.org).

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