MT. SINAI FUNDS NUTRITION AND PHYSICAL ACTIVITY EFFORT IN EARLY CARE AND LEARNING CENTERS

The Mt. Sinai Health Care Foundation is funding a countywide effort to encourage better nutrition and increased physical activity in early care and learning centers. According to the Centers for Disease Control (CDC), one of every eight preschoolers is obese. Obese preschoolers are five times as likely to be overweight or obese as adults. While obesity rates in 19 states have declined, Ohio’s have not.

Recognizing that this may be the first generation of children with a shorter life expectancy than their parents, the Mt. Sinai Foundation, a longtime supporter of early childhood obesity prevention efforts, took action and recently awarded $150,000 over a three-year period to the Cuyahoga County Board of Health to serve as the coordinating agency to develop an early childhood health and wellness plan for Cuyahoga County. The goal of this effort is to improve nutrition and increase physical activity in children up to five years of age. The work will involve community partners through a task force comprised of Invest in Children and Starting Point, the local child care resource and referral agency.

Through collaboration with local childcare centers, early care and education staff will be trained using established best practices with the goal of producing healthier children, better-informed parents and improved health outcomes for all.

Key to the project will be the implementation of the Healthy Children Healthy Weight program, a designated Ohio Healthy Program that is being promoted statewide by the Ohio Department of Health. Healthy Children Healthy Weight promotes collaboration with early learning centers to develop strategies, policies and environments that encourage healthy weight and healthy lifestyles for children.

With the support provided by Mt. Sinai, Cuyahoga County Board of Health plans to provide technical assistance and training to at least 24 centers to increase staff knowledge and skills to encourage healthy habits in young children. Centers will be encouraged to create sustainable environmental changes by implementing policies that support healthy nutrition and physical activity. In addition, technical assistance will facilitate improvement in nutritional quality and variety of meals and snacks. The program also encourages strong parent and staff engagement.

MT. SINAI SCHOLAR RECEIVES HARTWELL INDIVIDUAL BIOMEDICAL RESEARCH AWARD

The Hartwell Foundation of Memphis, Tennessee, recently named Mt. Sinai Scholar Roberto Galán, PhD, a Hartwell Investigator. This prestigious award will provide research support for three years at $100,000 per year to enable Dr. Galán to continue his research in Cortical Network Dynamics and Epileptiform Activity in Autism: From Animal Models to Children. The Hartwell Foundation funds early-stage, innovative, and cutting-edge biomedical research to benefit children.

“The Hartwell process is very competitive. Nominees who achieved success were well-prepared as a result of internal support and guidance of their participating institution, as well as the experience of other Hartwell Investigators,” said Fred Dombrose, president of The Hartwell Foundation. Dr. Galán is assistant professor in the Department of Neurosciences at the Case Western Reserve University School of Medicine.
HENRI BRUNENGRABER, MD, PHD, COMPLETES TERM AS CHAIR, CWRU DEPARTMENT OF NUTRITION

MT. SINAI PLAYED KEY ROLE IN DEPARTMENT’S ESTABLISHMENT

In January 2014, Henri Brunengraber, MD, PhD, was honored by the Case Western Reserve University School of Medicine for his 24 years of service as chair of the Department of Nutrition. Dr. Brunengraber continues to hold The Mt. Sinai Auxiliary Professorship in Nutrition Research and remains a key faculty member and mentor to the next generation of researchers at the School of Medicine.

In 1990, with the support of a generous gift from philanthropist Sam Sampliner to The Mt. Sinai Medical Center, Dr. Brunengraber was recruited to serve as the first chair of the newly-created Department of Nutrition, which, at that time, was the only department of the CWRU School of Medicine to be located off-site at an affiliated teaching hospital. During his nearly quarter century in this position, Dr. Brunengraber contributed greatly to the development of the field of nutrition science and to biomedical scientists in Greater Cleveland and the United States.

Dr. Brunengraber recently stated, “An important part of the mission of a senior scientist is to train the next generation of investigators, in the spirit of the Mt. Sinai motto ‘From those who came before us to those who will follow us.’” With the benefit of three junior faculty whom he trained, Dr. Brunengraber has a new research center, the Cleveland Center for Metabolomics and Isotopomics, an extension of the Cleveland Center for Proteomics and Bioinformatics.

During more than four decades of professional life, he has also played a significant role in metabolic research. This work will continue well into the future with his stewardship of the NIH-supported Case Mouse Metabolic and Phenotyping Center, one of six centers in the U.S., which provides experimental and analytical services to scientists in Greater Cleveland, the United States and abroad.

In Dr. Brunengraber's own words: “With the help of this Endowed Chair and of numerous colleagues from Greater Cleveland, I hope to continue the long tradition of Case Western Reserve University in the development of metabolic research in health and disease….I want to progressively pass the torch to junior scientists who will continue the tradition.”

On behalf of the entire Mt. Sinai family, the Foundation expresses its gratitude to Dr. Brunengraber for his extraordinary service to Mt. Sinai, Case Western Reserve University and the medical research community locally, nationally and internationally.

“With the help of this Endowed Chair and of numerous colleagues from Greater Cleveland, I hope to continue the long tradition of Case Western Reserve University in the development of metabolic research in health and disease….I want to progressively pass the torch to junior scientists who will continue the tradition.” – Henri Brunengraber, MD, PhD

FOUNDATION REMEMBERS COLLEAGUE AND FRIEND PROFESSOR LEONA CUTTLER, MD

Case Western Reserve University School of Medicine Professor Leona Cuttler, MD, died in November 2013 after a long battle with brain cancer. A professor of pediatrics and chief of the Division of Pediatric Endocrinology and Metabolism at University Hospitals/Rainbow Babies & Children’s Hospital, Dr. Cuttler was renowned for her excellence in research, policy and care for children. Dr. Cuttler had a long and productive relationship with the Foundation, often bringing ideas to its staff. Through her efforts, the Jump To It program was developed and piloted as an important collaboration among Rainbow Babies & Children’s Hospital, the Children’s Museum of Cleveland, the Cleveland Metropolitan School District, and The Mt. Sinai Health Care Foundation.

Dr. Cuttler was the inaugural recipient of the medical school’s William T. Dahms Chair in Pediatric Endocrinology/Diabetes Excellence and was the founding director of the Center for Child Health and Policy at Rainbow. She served as a Robert Wood Johnson Foundation Health Policy Fellow in 2002, focusing on child health, and served as Department of Pediatrics vice chair for Child Health Policy and Community Health, both at University Hospitals/Rainbow Babies & Children’s Hospital. Her dedication and commitment to addressing the growing childhood obesity epidemic was strongly felt and contributed to the success of the Foundation’s efforts in this area.
Every day, 53 million adults and children go to school to work and learn. Within school environments, these two populations consume about half of their daily food and beverage intake. Promoting healthy eating and physical activity choices during school hours can, therefore, have an important impact.

To help achieve this goal of healthy eating and physical activity in the Cleveland Metropolitan School District, the Saint Luke’s Foundation, United Way of Greater Cleveland and the Mt. Sinai Health Care Foundation are funding the Alliance for Healthier Generation’s Healthy Schools Program which will be available to over 75 schools in 2014.

The grants made by the three collaborators will fund the program and provide a program coordinator to work specifically with Cleveland Metropolitan School District schools. Since 30 percent of Ohio’s children and adults are considered clinically obese, the program can make a meaningful difference.

This Alliance program is a national initiative designed to build systems and policies that promote healthy eating and physical activities throughout school districts. The Healthy Schools Program recognizes schools that create healthier school environments and that promote physical activity and healthy eating among students AND staff. Engagement of parents and families is also part of the Healthy Schools Program.

For more information about this program, please visit:
http://www.mtsinaifoundation.org/whatwefund_urbancommunity.html
https://schools.healthiergeneration.org

“A group of kids participating in a class game or time together doing something physical will build community, teamwork, sportsmanship and acceptance much quicker than sitting around eating junk food.”
Donnie Lucente – classroom teacher
RECENT GRANT AWARDS

Grant Awards for December 2013 and March 2014

ACADEMIC MEDICINE & BIOSCIENCE
The Cleveland Clinic Foundation
$75,000 for the Mathile and Morton J. Stone Chair and Professorship

HEALTH OF THE JEWISH COMMUNITY
Bikur Cholim of Cleveland
$150,000 over three years for the Hospital Kosher Pantry Program

HEALTH POLICY
The Center for Community Solutions
$50,000 for AIDS Funding Collaborative Funding Partner Membership
(fiscal agent: Center for Community Solutions)

United Way of Greater Cleveland
$108,200 for utilizing United Way 2-1-1 to improve community access to health care programs made possible by the federal Affordable Care Act.

UHCAN Ohio (Universal Health Care Access Network)
$46,300 for ensuring northeast Ohioans benefit from the Insurance Marketplace

HEALTH OF THE URBAN COMMUNITY
Alliance for a Healthier Generation, Inc.
Up to $150,000 over three years for the Healthy Schools Program in the Cleveland Metropolitan School District

Beech Brook
$100,000 over two years for support of the Integrated Care Model for Physical and Behavioral Health in Cleveland’s Central Neighborhood

Care Alliance Health Center
$250,000 over three years for the expansion of Riverview Clinic and start-up support for the Central Clinic

Cuyahoga County Board of Health
$150,000 over three years for implementation of the Healthy Children Healthy Weight Program in early care and learning programs

ideastream®
$60,000 over two years for the “Be Well” Program

Preterm Cleveland
$68,000 for the start-up of a general reproductive health care clinic

University Settlement
Up to $20,000 for the Adult Wellness Program: Case Management Services

The Mt. Sinai Health Care Foundation seeks to assist Greater Cleveland’s organizations and leaders to improve the health and well-being of the Jewish and general communities now and for generations to come.

NEWS IN BRIEF

Program Officer Jodi Mitchell represented Grantmakers in Health as part of a panel discussing the role of philanthropy in the Affordable Care Act (ACA) and the enrollment process at the Families USA national conference in Washington, DC, in January 2014.

Foundation Director Larry Pollock was elected chair of ideastream®.

The Arthritis Foundation, Great Lakes Region, honored Foundation Director Avrum I. Froimson, MD, with its 2013 Community Leader of the Year Award.

Foundation Director Thomas W. Adler received the Charles Eisenman Award from the Jewish Federation of Cleveland at the Federation’s Annual Meeting on April 8, 2014. Also honored was The Cleveland Foodbank.

Foundation Director Beth W. Brandon was honored as a woman of Northeast Ohio who makes a difference by the YWCA. Ms. Brandon was named one of the 2014 Women of Achievement at the awards luncheon on May 12, 2014.
Contributions & Board of Directors

Contributions Received between October 1, 2013, and March 31, 2014.

The Mt. Sinai Health Care Foundation expresses its sincere appreciation to its friends and supporters for their many generous contributions. In addition to honoring or remembering loved ones, gifts to the various funds help to improve the health status of the Greater Cleveland community through the Foundation’s grantmaking program.

SPECIAL GIFTS

Barry Friedman, MD, Orthopaedic Award Fund
Barry Friedman, MD*

Dr. William Herman Pediatric Lectureship Fund
In Memory of Dr William Herman
Sharon and Sidney Shafran and Family
Mitchel S. and Marilyn H. Ross

Dr. Rudolph S. Reich Lecture Fund
Edward A. Reich

CONTRIBUTIONS

Barry Friedman, MD, Orthopaedic Award Fund
In Memory of Barry Friedman, MD
Mrs. Agnes Ault; Lois Butler; Elaine and Steven Edelstein;
Roger L. Friedman, MD; Mary Elia Jacoby; Joan and Victor Kramer;
Beryl and Michael Painik; St. John West Shore Hospital Medical Staff;
David P. Stout, MD, PhD; Susan and Ronald Traub; Dolores J. Urdang;
Susan and Thomas Wagner

The Mt. Sinai Health Care Foundation General Fund
In Memory of Sheila Balk
Darien and Stephen Arnstein
Sara and Marshall Myers

Roger S. Landers Research Fund
In Honor of Ruth Lieberman
In Memory of Morris Borzon
Ruth Isroff

Edgar & Roslyn Freedman Medical Teaching Fund
In Memory of Mrs. Morton Kulik, Mt. and Mrs. Carl Ray
Barbara and Edgar W. Freedman

Estate Gifts

The Mt. Sinai Health Care Foundation is pleased to acknowledge that the following bequests and distributions were recently received:

Dr. Hans J. and Betty Rubin Trust

Lewis Miller Memorial Fund of the Jewish Federation of Cleveland

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* of Blessed Memory

For further information, contact the Foundation office at 216–421–5500 or visit the Foundation’s website at www.MtSinaiFoundation.org.

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The Mt. Sinai Health Care Foundation was recognized by Milestones Autism Organization on November 16, 2013, with its Community Leadership Award. The award was presented at the annual Milestones gala commemorating the organization’s 10th anniversary.

Case Western Reserve University School of Medicine presented The Mt. Sinai Health Care Foundation with its 2013 Special Medical Alumni Service Award. Accepting the award at an alumni reception in September 2013 was Foundation Chair Keith Libman.

Jewish Family Service Association of Cleveland recognized The Mt. Sinai Health Care Foundation for outstanding community service and support in the creation of Alyson’s Place, JFSA Medical Clinic, at the organization’s annual meeting on December 17, 2013.

SAVE THE DATE!

2014 ANNUAL MEETING • THURSDAY, JUNE 12th • 5:15 PM
SEVERANCE HALL • REINBERGER CHAMBER HALL
• Election of Officers and Directors • Presentation of the 2014 Maurice Saltzman Award
• Remarks by Barbara R. Snyder on the Future of Medical Education in Cleveland